

1. What is a healthy foundation for a teenage relationship?
 - a) Peer pressure and popular opinion
 - b) Open and honest communication
 - c) Keeping secrets to maintain an element of mystery
 - d) Frequent gifts and expensive dates

2. When is it appropriate to begin dating during your teenage years?
 - a) There is a specific age when dating becomes acceptable
 - b) When you feel emotionally ready and have parental consent
 - c) As soon as you have a crush on someone
 - d) When your friends start dating

3. How should you handle disagreements or conflicts in a teenage relationship?
 - a) Ignore them and hope they go away
 - b) Address them calmly and respectfully through communication
 - c) Give in to avoid an argument
 - d) Share the issue with friends and ask for their advice

4. What is a red flag in a teenage relationship?
 - a) Open and honest communication
 - b) Trust and respect for boundaries
 - c) Controlling or possessive behavior
 - d) Spending time together with mutual consent

5. What is the appropriate way to express affection in a teenage relationship?
 - a) Publicly display physical affection at all times
 - b) Respect your partner's boundaries and preferences
 - c) Push your partner to be more affectionate
 - d) Compare your relationship to others to determine what's normal

6. When is it acceptable to share intimate pictures or texts in a teenage relationship?
 - a) Never
 - b) When both parties are comfortable and give clear consent
 - c) As a way to pressure your partner into doing what you want
 - d) When your friends encourage you to do so

7. What is the most important element in building a strong and healthy relationship?
- a) Constantly trying to change your partner to fit your ideal
 - b) Making your partner the center of your universe
 - c) Mutual respect, trust, and shared values
 - d) Jealousy and suspicion to keep your partner close
8. What is the best approach to ending a teenage relationship that is no longer working?
- a) Ghosting your partner and avoiding all contact
 - b) Having an open and honest conversation to express your feelings
 - c) Pretending everything is fine and ignoring the issues
 - d) Spreading rumors and lies about your partner
9. How should you respond if you discover your friend is in an abusive relationship?
- a) Ignore it and assume they can handle it on their own
 - b) Offer support and encourage them to seek help and guidance
 - c) Confront the abusive partner with physical aggression
 - d) Avoid your friend to avoid getting involved
10. What is the key to building a healthy teenage relationship?
- a) Prioritizing your own needs and desires over your partner's
 - b) Shared interests and goals
 - c) Keeping secrets to maintain an element of mystery
 - d) Regularly comparing your relationship to those of others to determine its success